



**Theme of the Month**

*Healthy Eating*

Dear Parents /Carer's

The 1st six weeks of the year has certainly been a busy one, especially for our very hardworking children.

This month our focus will be on healthy eating, all the children will build a food pyramid and learn to prepare snacks using their own chopped up fruits and vegetables.

Birthday Parties will be celebrated with healthy fruits and vegetables to put into practice our healthy eating focus and develop positive attitudes.

As winter makes its presence felt we continue to explore associated themes. Please ensure children have suitable clothing such as coats, hats, scarfs and gloves.

**Reminders**

**Spring Half Term break**

18<sup>TH</sup> of February 2019 to  
22<sup>nd</sup> of February 2019.

**Spring Term Parents  
Evening**

Tulips and Acorns: 20<sup>th</sup>, 21<sup>st</sup>  
and 22<sup>nd</sup> of March 2019.

Oakleys: 27<sup>th</sup>, 28<sup>th</sup> and 1<sup>st</sup> of  
March 2019.

Please ensure there are enough spare  
clothes including socks and  
underwear.



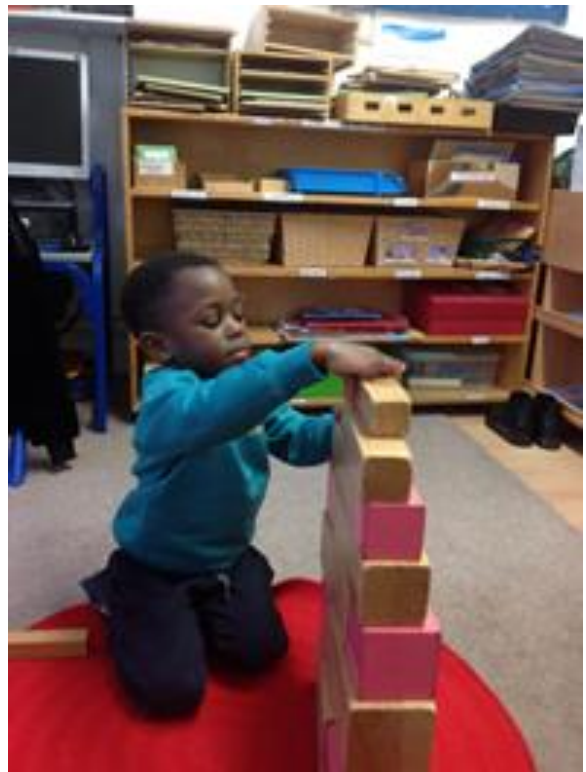
*Theme of the month:*

*Health Eating*

*Festival: Chinese New Year*

Chinese New year – Year of the Pig

This February Oakley's children have been working their magic with their Chinese New Year celebrations. Chinese writings were practiced following a presentation on the festival of Chinese New Year. The children made pig collages and enjoyed some delicious Chinese noodles lunch.



Matching Chinese dolls



Free painting



Acorns building us a frosty snowman.





## Winter bugs

Its the time of the year for so many associated weather related bugs , we cannot stress enough how important it is that your child does not attend nursery if they are feeling under the weather with sickness or diarrhoea. Such sickness has a 48 hours exclusion period from their last bout of sickness.

We do understand the stress this may impact on parents when a child is unwell , however to curtail it spread as best as possible its best to observe the 48 hours exclusion and help prevent the spread to children and staff.

## Half Term week

For all the term time children please note Spring Half term is next week the 18<sup>th</sup> February to Friday 22<sup>nd</sup> of February 2019.

We hope you have a relaxing break.

Kind Regards

Lydia and the Team.